



Better lives, brighter futures

Adult Mental Health and Wellbeing

2021-2031

VISION

Better lives, brighter futures for the people of Bradford district and Craven so they can live happy, healthy at home.

PRINCIPLES

Person at the heart, family approach, strengths based approach

Physical and mental health are treated equally and together

Promotion and prevention focus, taking a wider determinants view to mental health and addressing stigma, prejudice and under representation

Our approach is founded on compassion, responsiveness, flexibility and ensuring a recovery focus is informed by the understanding of trauma, culture and context of people's lives.

We Act as One – involving everyone and working together

OUTCOMES

I am a person with abilities, possibilities and a future

My family or carer who may support me, are actively supported and involved in my care. Give them the support, care, respect and information they need.

My voice is heard and included.

I have access to the information, support and care that meets my cultural choices.

I will know the name of the person who coordinates my support

Not repeating my story, share information appropriately. Ask for my consent.

I am in control and actively involved in my care and support

When I need help, I can access this quickly and easily

I am not defined by my diagnosis and the level of my distress

I am supported through the stages of life where things that be difficult

COMPARITIVE SPEND

Iain has requested info from the ICS

In the meantime, Therese to send through the Trust's data sources and Iain to include the council's comparative expenditure

DEMAND FOR MH SERVICES

Helen to send through rapid needs assessment from last year. Iain will check if there's any more updated info.

Do we have any data on the changing nature of demand due to Covid and how we're responding. Also need to include the impact of Covid safety on our capacity in vol sector and NHS

Iain to check with the CCG about the projected end dates for MH related vol sector contracts

FUTURE LEGISLATIVE AGENDA

Himanshu to summarise NHS changes

Iain to summarise social care changes

Iain to summarise mental capacity changes



OUR ICP PARTNERSHIP BOARD

Iain to draw together the workplans for the three elements and confer with Therese
OUR PRIORITIES

REDUCING STIGMA AND INEQUALITIES

- Mental wellbeing and living well
- Mental health issues
- Promoting resilience, prevention and early intervention
- Improving access to effective support: a system without tiers

URGENT CARE

- Crisis
- Suicide prevention

Enabling themes

- Digital and IT infrastructure
- Leadership, accountability and transparency in commissioning and delivery of services
- Developing the workforce

HEALTHY MINDS

Helen to provide a slide to allude to this preventative initiative

Are there other transformative examples we'd want to include? Iain to ask Sasha.

TACKLING THE WIDER DETERMINANTS

There are to provide stories on how we have successfully tackled these – including examples from vol sector

There are to provide the MerseyCare slide on approach to deal with adults with complex needs

Open for a wider discussion with the Wellbeing Board